



—THE —  
**Lychgate** In The Pews

---

***Advent 2009***

*As we go about the practical preparations for the celebration of the Christmas Feast, we are called to be mindful of our spiritual preparation which often involves taking time for prayer, stillness and coming together with other Christians. Please note the opportunities your parish church provides for your Advent observance.*

*Peter John+*

**Advent Reflections Courtesy of Charles Wesley**

**Sundays, November 29<sup>th</sup>, December 6<sup>th</sup> and 13<sup>th</sup>**

The Advent Season offers a unique opportunity to draw inspiration from Charles Wesley, theologian and prolific writer of some of our best-loved hymns and whose image of God revolved around the Incarnation. Join our Assistant Curate in the Chapel at 9 a.m. for the first three Sundays in Advent for a half hour of scriptural meditation and reflections on hymns that can help us discover and experience what the coming of Jesus means for each one of us as we wait in hope, yearn for peace and light, and sing for joy.

**Lectio Divina Advent Bible Study**

**Thursdays, December 3<sup>rd</sup>, 10<sup>th</sup> and 17<sup>th</sup>**

Lectio Divina is an ancient method of encountering scripture that incorporates silence, meditation and giving voice to God's presence in our midst. During Advent our Rector will be facilitating Lectio Divina on Thursday evenings in the Lounge beginning at 6:30 p.m. and ending by 7:30 p.m. Everyone is welcome.

**The Feast of Saint Nicholas**

**Sunday, December 6<sup>th</sup>**

As in the past, on the Sunday closest to the Feast of Saint Nicholas we are asking parishioners to bring gifts (for children and adults) to church to share with others in the community who are less fortunate. This year it falls on the actual day, December 6<sup>th</sup>! The gifts will be distributed through community ministries of our diocese (The Well, Centre 454, and Cornerstone). Suggestions for children's gifts: age-appropriate toys including puzzles, books, games, dolls, cars/trucks, and arts and crafts supplies. Please include required accessories such as batteries. Articles needed for adults: hats, gloves, scarves, candles/candleholders, bubble bath, skin care/cream samples, novelty items and the perennial favorite, chocolate. Gifts should be unwrapped or in gift bags (please don't use wrapping paper) for ease of sorting. Please bring your donations to church on December 6<sup>th</sup> (both services) and keep them with you at your seat until they are collected by the children.

### **St. Andrew's Group/A.C.W. Christmas Celebration**

**Wednesday, December 9<sup>th</sup>**

The ladies of our St. Andrew's Group/A.C.W. invite you to join them for their Advent Service at 1 p.m. followed by packing of "goodie" tins for the sick and shut-in of our parish. Donations of baking, wrapped candy, or small decorations would be welcome. Soft squares or tarts should be cut and wrapped in plastic wrap. This will be a time to prepare for the Christmas season with hearts and hands.

### **Advent Carol Service at the 10 O'clock Service**

**Sunday, December 13<sup>th</sup>**

As always, this will be a wonderful service at which special musical offerings will be given by our junior and senior choirs in the context of our Sunday morning Eucharist. This service will be a time of spiritual nourishment as we are graced by the blessings music can provide. Anyone wanting to participate more fully in this service can join in the . . .

### **Senior Choir "Hallelujah Chorus"**

**Sunday, December 13<sup>th</sup>**

Members of the congregation are invited to join the Senior Choir in the singing of "The Hallelujah Chorus" at the Advent Carol Service on December 13<sup>th</sup>. Last year we sang "And the Glory of the Lord"; it proved to be a wonderful experience for all! If you feel inspired, can read music, and have time to attend a few rehearsals - come along and help

the choir sing God's praises. For information contact the Choir Director, Terry O'Connor at 613-828-5160.

### **Advent Healing Service**

**Monday, December 14<sup>th</sup>**

Jesus of Nazareth was a healer. As Christians we stand in the healing ministry of Jesus and pray for wholeness and health. The Church's ministry of healing began very early with the first followers of Jesus and has continued in various ways throughout the generations of the Church. Our own Anglican spirituality has always had a place for healing in the Prayer Book tradition through laying on of hands and the sacramental rite of anointing. Part of the work of a priest very often includes anointing people who are sick and praying for their wholeness. As an extension of this ministry, we have occasionally held healing services here at CCBC. These are quiet and prayerful services that stand within our Anglican ethos. While Christmas is a time of great celebration, it can also be a difficult time for some as we encounter memories and our need for healing. This Advent Healing Service will be a time of preparation set in the context of prayer at which time the sacramental rite of anointing will be available for those seeking wholeness in any dimension of their being. This service will begin in the Chapel at 7 p.m. - the Chapel will be open at 6:30 p.m. for a time of silent meditation.

### **Advent Pageant at the 10 O'Clock Service**

**Sunday, December 20<sup>th</sup>**

Prior to gathering at the table for the Eucharist, the proclamation of the word this Sunday will include biblical vignettes featuring the participation of the children of our church school. This promises to be an exciting, fun and entertaining time as we gather on the Fourth Sunday of Advent, the final Sunday before Christmas.

### **Monthly Service for Seniors**

**Wednesday, December 23<sup>rd</sup>**

This month our service for seniors takes on a more festive tone as we gather to celebrate the season through worship, refreshment and fellowship. CCBC's Junior Choir will be present to join in the festivities. We welcome all seniors living in our community. Those needing transportation should contact the church office at 613-829-1826.



**Christmas Services at CCBC**

**Christmas Eve – Thursday, December 24<sup>th</sup>**

**7 p.m. & 11 p.m.**

**(Carol singing begins at 10:30 p.m.)**

**IN FOUNDATION HALL**

**Christmas Day – Friday, December 25<sup>th</sup>**

**9:30 a.m.**

**IN THE CHAPEL**